

Ear Candling

Ear Candling is an old home remedy. No claim is made nor should be made for any cure of any disease or ailment. Information herein is not to be construed as a prescription of medicine nor a diagnosis of any ailment. Diagnosis of illness and prescriptions should be made by a licensed physician.

Candling is a natural ear cleaning technique which began centuries ago, possibly in Egypt. It is based on the theory that the cleaning effects are possible because all the passages in the head are interconnected, allowing the candle(s) to drain the entire system osmotically through the membrane of the ear. The use of a hollow, waxed cloth candle is a simple home remedy which assists in removing ear wax and may improve any of the following conditions: sinus problems, sore throat, ear ache, swimmer's ear, some chronic headaches, allergies and hearing difficulty.

The internal carotid artery, auditory tube, cochlear nerve, facial nerve, semicircular canal and the first turn of the cochlea are all located in the area immediately behind the tympanic membranes. All nerves have a thin coating of spinal fluid which can become polluted. The fluid in your body circulates 14 times per day in order to cleanse itself. If the system is laden with toxicity, the body cannot take in what it needs in the way of metabolites for the nerves. The only mechanical influence on our ears is when we swallow or when we hold our breath. These are the only ways available to alter the pressure in our ears to clear our eustachian tubes. If the eustachian tubes are irritated, they will not drain. When you swallow and have anything covering your ears, it constricts the bones by creating more of an internal vacuum. If the pressure continues to build up, your body reaches a point of stasis. The pressure cannot be released and continues to build.

The ear canal itself helps support the brain, a pivot point for the skull. These bones need only move a paper's thickness worth of distance in order to make a correction. When the bones are properly aligned, the osmotic pressure on the nerves relating to your senses are shifted also. It is believed that the gentle reverse osmotic pressure of the ear candling is enough to effect such a correction, which is why people often feel better after candling. Cranial bones can become misaligned for many reasons: colds,